



Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord.

My Ever-Present Helper

[Reading: Almighty God is with us](#)

Even to your old age and grey hairs I am he, I am he who will sustain you.

I have made you and I will carry you;

I will sustain you and I will rescue you.

Isaiah 46:4 NIV

... for, 'Everyone who calls on the name of the Lord will be saved.'

Romans 10:13 NIV

'Never will I leave you; never will I forsake you.'

So we say with confidence,

'The Lord is my helper; I will not be afraid.'

Hebrews 13: 5b-6 NIV

Praise be to the God and Father of our Lord Jesus Christ,

the Father of compassion and the God of all comfort,

who comforts us in all our troubles ...

2 Corinthians 1:3 NIV

*Prayer: Thank you, my Heavenly Father, that you are with me. Thank you for your love, compassion and faithfulness. Help me to stand firm. Amen

[Song: There Is A God. Philips, Craig and Dean](#) (Lyrics on page 2 & 3)

There Is A God

Phillips, Craig and Dean

If there is a God

Who holds the whole world in His hand

Then where were You

when mine came crashing down?

If there is a God

Who tells the sun and the stars where to shine

Then where were You

when all the lights went out?

These are questions from a heart

Desperate to know just where You are

Right now I can't see You

But I'm choosing to believe

There is a God who's never left me

And here in the hurting, You're still with me

You have carried me this far and You won't stop now

Oh, there is a God who sees my sorrow

Catches my tears in a bottle

You're still working even when I can't see how

There is pain, there is broken

There is hurt, but He's the hope I'm standing on

There is a God

Who promises me He has a plan

And I'm protected by His hand

Through flood and fire, hey

There is a God

Who's working all things for my good

Sometimes slower than I think He should

But His ways are higher

So I'm looking forward to the day

when I see the purpose for this pain

Oh, but until I do

I'm choosing to believe

There is a God who's never left me
Here in the hurting, You're still with me
You have carried me this far
And You won't stop now (and You won't stop now)
'Cause there is a God who sees my sorrow
Catches my tears in a bottle
You're still working even when I can't see how
There is pain, there is broken (there is pain)
There is hurt, but He's the hope I'm standing on

There is a God
Who won't let me walk
Through this valley alone (this valley alone)
No, I'm not alone
There is a God
Who won't let me walk
Through this valley alone (this valley alone)
No, I'm not alone

There is a God who's never left me
Here in the hurting, You're still with me
You have carried me this far

And You won't stop now (and You won't stop now)
There is a God who sees my sorrows
Catches my tears in a bottle
You're still working even when I can't see how (I can't see how)
There is pain (there is pain), there is broken (there is broken)
There is hurt, but He's the hope I'm standing on

There is a God
There is a God

Songwriters: Andrew Pruis / Matthew West / Randy Philips

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